

Resources from Podcast 32 – Amanda Hughes

[“You Can Grow Your Intelligence”](#) – I use this article to introduce the brain information at the start of the year.

[“Neuroplasticity”](#) – I also use this video (with captions).

[G2C Brain](#) – This is a great interactive to help students visualize and learn about the parts of the brain.

[NY Times Interactive Brain Slider](#) – After using the above link to learn about the parts of the brain, they can use this slider to learn about brain development (particularly in the frontal lobe when talking about executive functions).

[Pomodoro Timer](#)- This is the Pomodoro timer I use, but there are many options available online. Here is a more complex one, with an app:

<http://www.tomatotimers.com/>